



Dr. Cheri

CHERYL A. RAINEY, MBA, LMFT, PhD

Expanding Lives

Transforming Relationships

Advancing Businesses

About Your First Visit

Over the years, I realized that people who worked on their well-being only one hour per week often struggle and experience a lengthy, drawn-out path to relief, success, and happiness. Therefore, I developed signature programs for business leaders that allow natural breakthrough to occur. Together, we can effectively diffuse the past and create dynamic pathways for your future.

My approach to personal and leadership transformation is unique. Rather than simply treating symptoms with coping skills, you and I will uncover and eliminate the causes of distress and obstacles to your success. Your results can be swift and long lasting; there is no need for long-term coaching. And, unlike traditional therapy, there is no hourly rate. The results you desire and the program you select determine the fee.

Please allow 2 hours for our first session. During your initial visit, we will discover and plan the next logical steps to accomplish your goals. Programs range from one to six months. You can select the program that best suits your unique situation and your goals and desired outcomes.

I hope all of this is helpful. To schedule a brief telephone call and reserve your first visit, please email me at DrCheri@DrCheri.net.

I look forward to speaking with you.

Dr. Cheri

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